



ANUGRAH MEMORIAL COLLEGE, GAYA

(A Constituent Unit of Magadh University, Bodh Gaya, Bihar)



You are Cordially Invited to attend the One Day National Webinar
On

“Quit Tobacco : Choose Life”

on the occasion of

World No Tobacco Day

On 31 May, 2021 (Monday) at 01:00 p.m.

Jointly Organized by

Internal Quality Assurance Cell (IQAC) &
NSS Wing, A. M. College, Gaya.

Join Zoom Meeting :

[https://us05web.zoom.us/j/85657889866?pwd=ZkxqamcycU9JM
S8wSnFKTUxwVzRFdz09](https://us05web.zoom.us/j/85657889866?pwd=ZkxqamcycU9JM
S8wSnFKTUxwVzRFdz09)

Meeting ID: 856 5788 9866

Passcode: AMCGAYA



Registration Link



Meeting Link

With best compliments from



Dr. Amritendu Ghosal
IQAC Coordinator



Dr. Shweta Singh
NSS Program Officer



Prof. (Dr.) M. S. Islam
Principal

To Register for the Webinar, Kindly fill out this form:

<https://forms.gle/CKB6hAUMdA4wGF9d9>

Note: E-Certificates will be issued to the participants.

CONCEPT NOTE

The World No Tobacco Day is observed on the 31st of May every year to spread awareness regarding the dangers of consuming tobacco products. It is estimated that every year 7 million people across the world lose their lives due to tobacco use. Further, use of tobacco leads to severe illnesses, economic loss and distress. With this view, this webinar is organized to inform the students and teachers regarding the ill effects of tobacco and create awareness about the various motivational methods to overcome the addiction. The discussion will include participation of the students in the form of speech and poster competition on the theme:-

“Quit Tobacco : Choose Life”

The webinar will address but not be limited to the following sub-themes:

- Peer-pressure and tobacco use
- Health risks of tobacco use
- Dangers of second hand-smoking
- Methods of quitting tobacco
- How to stay motivated while quitting tobacco
- Benefits of yoga and meditation in quitting tobacco

SCHEDULE

Time	Programme
12:55 PM	Join The Meeting
01:00 PM	Welcome: Mr. Navneet Priye, Head, Business Studies
01:05 PM	Presidential Address: Prof. (Dr.) M. Shamsul Islam, Principal
01:25 PM	Speech: Dr. Shweta Singh, N.S.S. Program Officer cum Head, Department of Philosophy
01:45 PM	Speech: Students
02:30 PM	Presentation of Poster: Students
02:45 PM	Conclusive remarks and Vote of Thanks: Dr. Amritendu Ghosal, IQAC Coordinator, cum Head, Department of English
03:00 PM	National Anthem

Anchoring by Mr. Navneet Priye & Technical Support by Mr. Saif Akhter



COMPETITIONS



Particulars	Speech	Poster Making
Theme	Quit Tobacco : Choose Life	
Submission Last Date	29 May, 2021	30 May, 2021
Submission Format	Submit your Speech's Video (Hindi / English) through WhatsApp* with your Image and Details (MP4 Format)	Submit your Poster/Drawing through WhatsApp* with your Image and Details (JPG/PNG Format)
Presentation Date	31 May, 2021	31 May, 2021
Time Duration	4 minute for present your Speech	1 minute for present your view regarding Poster/ Drawing
Result Broadcast on	01 June, 2021	01 June, 2021
Rules	# Competition is only for all Students of Anugrah Memorial College, Gaya # Only top 10 finalist will present their speech & poster in the webinar # Judgement is based on the Theme, Presentation, Expression, etc. # All participants are required to follow all the rules and regulations	

* WhatsApp Number for Submission: 9234920001



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